



## Step In, Step Out

1. Invite your group to stand in a circle; stress that this activity should be silent and reflective; there will be an opportunity for discussion afterward.
2. Read aloud a statement; if members of the group have experienced what is described in the statement, they can step into the circle silently.
3. When you give a silent signal, they step back to re-join the others in the circle.
4. Repeat this for all statements.
5. Debrief the activity, sharing reactions, connections and any questions sparked by the activity.

## Suggested Statements

- I spend time online
- I have used social media or played video games online
- I learn about current events and news online
- I've experienced online harassment or cyberbullying or someone I know has
- I've experienced online harassment or cyberbullying related to an identity issue (for example, race, ethnicity, religion, sexuality, gender, ability, or immigration status) or someone I know has
- I've responded to someone I know online who used biased or hateful language or images or to a stranger who has done so
- I've responded in person (offline) to someone I know who used biased or hateful language or images online
- I've reported hateful or biased language or images that violate the terms of a digital community (for example, Facebook, Twitter, Instagram, Snapchat or a gaming community)
- Someone has responded in my defence online when someone else used biased or hateful language or images directed at me
- I think it is important to consider personal safety when engaging in communication online as part of a digital community
- I think people should respond to those who undermine or attacks others online using biased or hateful language or images